

NATIONAL OPEN UNIVERSITY OF NIGERIA

# AEM 203



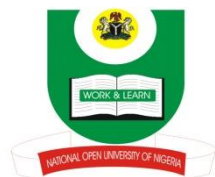
## Introduction to Home Economics Extension Course Guide

**AEM 203 INTRODUCTION TO HOME ECONOMICS  
EXTENSION**

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## **Course Guide**

What is this course all about?

How is it structured? What are its aims and objectives, and how will the learner's performance be assessed? Answers to all these questions and more are the reason for starting with this Unit – Course Guide.

## **Course Overview**

This course, Introduction to Home Economics Extension (AEM 203), is a one-semester, 2 – credit units course taught in the second year of the B.Sc. Home Economics degree programme. It is a course taught for all students registered for the aforesaid degree programme.

The course consists of a total of 19 study units

## **Schedule of Activities**

Each Unit consists of activities that are expected to be coverable in one study week. A topic which is highly loaded may be broken down and treated in two or more Units. You (sometimes referred to as the learner) are expected to study each unit on your own. You are expected to attend the weekly tutorials at your study center where tutorial facilitators (tutors) are available to clarify issues and promote your understanding of this instructional material. Your weekly attendance at the study center is hereby highly encouraged.

## **Aims of this Course**

The overall aim of this course (i.e. benefits of studying this course) includes providing you with a fore-knowledge of what Home Economics is all about. This is expected to develop your understanding and foster your interest in your newly chosen programme (B.Sc. Home Economics) in this University.

The course will start by introducing you to the expected concepts and objectives of the training and practice of Home Economics. It will further go on to discuss the historical processes and contents of Home Economics upon which its future training and practice could be built,.

This course will help you appreciate the enormously wide scope of Home Economics in its training as a programme, and career practice – these in order to help you identify and begin to focus on your area of special interest even at this early stage in your journey to cutting out a profession in Home Economics.

This course will also enable you have exposures to the contents of each sub-area of Home Economics which you will be studying in details in the future as discreet courses, in the Home Economics curriculum.

Other selected Home Economics – related areas such as Agriculture and Health have been included so that you can appreciate the versatile role expected of the contemporary Home Economist.

## Course Objectives

As you will see later, starting from this course guide, each study unit has its specific objectives stated at the beginning of the Unit.

The following, therefore, are the overall objectives of this course through which we seek to achieve the general aims we have set out above:

1. Describe the Philosophy of Home Economics and its evolvement as a result of societal changes.
2. State the objectives of Home Economics and its scope of training and practice.
3. Narrate the historical development of Home Economics in terms of processes and contents both in Nigeria and abroad.
4. Discuss the basic human needs with respect to food, clothing, shelter, and health and the programme approaches to meeting these needs.
5. Describe the career opportunities in Home Economics (both now and in the future) with reference to Nigeria.
6. Discuss the establishment and activities of Women in Agriculture (WIA) programme in Nigeria.

## Study units

This course is made up of the following 19 Units and a Course Guide

### Module 1

- |        |                                                         |
|--------|---------------------------------------------------------|
| Unit 1 | What is Philosophy?                                     |
| Unit 2 | Philosophy and objectives of Home Economics I           |
| Unit 3 | Philosophy and objectives of Home Economics II          |
| Unit 4 | Historical Development of Home Economics in USA and UK. |
| Unit 5 | Historical Development of Home Economics in Nigeria.    |

**Module 2**

Unit 1	Scope of Home Economics – Foods and Nutrition.
Unit 2	Scope of Home Economics – Clothing and Textiles.
Unit 3	Scope of Home Economics – Home Management I.
Unit 4	Scope of Home Economics – Home Management II.
Unit 5	Scope of Home Economics – Home Management III.

**Module 3**

Unit 1	Scope of Home Economics – Home Management IV.
Unit 2	Scope of Home Economics – Home Management V.
Unit 3	Home Economics Extension
Unit 4	Basic Home Needs I
Unit 5	Basic Home Needs II

**Module 4**

Unit 1	Careers in Home Economics I
Unit 2	Careers in Home Economics II
Unit 3	Women in Agriculture I
Unit 4	Women in Agriculture II

**Unit Structure**

Each study unit has a table of contents with the following structure:

- 1.0 Introduction
- 2.0 Objectives
- 3.0 Main Content
- 4.0 Conclusion
- 5.0 Summary
- 6.0 Tutor – Marked Assignments
- 7.0 References and Suggested Further Readings.

Introduction is a brief on the expected contents of the study unit.

Objectives are the specific expected behaviours of the learner (you) by the end of receiving the instructions of the unit contents. Study the objectives before proceeding into the unit and try to identify them as you study the main content. You should also re-look at the objectives at the completion of the unit to check on your understanding of the main content.

Main content contains the instructions and teachings that have been passed to the learner.

Conclusion is a brief round up of concepts as had been taught in the unit. Summary comprises a re-statement of lists of sub-topics and concepts that had been taught in the unit.

Tutor – Marked Assignments (TMAs) – At the end of each unit there is a set of Tutor – Marked Assignments which will form part of your overall assessment for this course. They are to be answered and

submitted to your tutor/facilitator for grading and subsequent return to you.

### **Assessment**

The overall assessment consists of a first part, the continuous assessment i.e. the Tutor – Marked Assignments (TMAs) and a second part, the Final Written Examination (covering all areas of the course) which will be written at your study center. The weighting of the final examination may vary from 50 to 70 percent of the overall. You will be duly informed on this by the University. The total pass mark is 50 per cent. This course may form a pre-requisite for a higher course in which case you must pass this course before you are allowed to proceed to register for a higher one.

The TMAs must be submitted to your tutor in accordance with stated deadline schedules. You might find it useful to review self-assessment exercises, TMAs and you tutor's comments on TMAs in preparation for Final Examination.

### **Important Dates**

Remember that tutorials usually take place at your study center at weekends (Friday evening – Sunday) as arranged by your tutor. Plan your time to make room for these dates.

Dates for examinations and examination time – tables are normally accessible on the University's website, and as displayed on notice boards at your study centre. Look out for these dates.

### **Conclusion**

Finally, by the end of this course you will have a more definitive picture of what Home Economics Extension is all about, and thereby identify your way on the road to attaining a professional status in any area of Home Economics.